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Inglés Unit 2 (JULIO) / 8º Básico

Nombre: _____

EVALUACIÓN FORMATIVA III

Objetivo	OA 5 Leer y demostrar comprensión de oraciones y textos simples		
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Interview A good night's sleep

LEE EL TEXTO

Transcript: transcripción de audio(diálogo)

Host: At exam time it is important to sleep well. Today we have Doctor Baker with us in the studio and he is going to give us five top tips for getting a good night's sleep. Welcome to the show, Doctor Baker.

Dr Baker: Thank you. It's great to be here. Let's start with

- Tip one. Don't go to bed with the television on. Some people think they can sleep well with the TV on, but the noise and lights mean you don't really sleep well, so turn it off!
- Tip two: Don't think too much before bedtime. Do your hardest homework earlier in the evening. Do easier homework later. If your brain is too busy and full of ideas it takes longer to get to sleep.
- Tip three: Don't play video games for an hour before you go to sleep. They also make your brain too busy and active.
- Tip four: Turn off your cell phone when you go to bed. What is so important that it can't wait until the morning? If possible, leave your phone in another room.
- Tip five: Play music if you like. But don't play it too loud. Turn the sound down low.

Host: Thank you, Doctor. That is very useful advice for our young listeners.

ELIGE LA ALTERNATIVA CORRECTA.

1. How many tips gave Dr. Baker?
 - a) 6
 - b) 4
 - c) 5

2. Tip one:

- a) Don't go to bed with hungry
- b) Don't go to bed with cell phone
- c) Don't go to bed with the television on

3. Tip two:

- a) Don't eat too much before bedtime.
- b) Don't think too much before bedtime
- c) Don't play video games too much before bedtime.

4. They also make your brain too busy and active.

- a) watch TV
- b) play video games
- c) think too much

5. Turn the sound down low is:

- a) good
- b) bad
- c) important

6. La entrevista era:

- a) a podcast
- b) TV interview
- c) radio interview

7. How do you say: **no juegues video juegos antes de dormir**

- a) Don't play video before you go to sleep
- b) Don't play video games before you go to sleep
- c) Don't play video games for an hour before you go to sleep

8. How do you say: **vas a dormir**

- a) you go to sleep
- b) you go to bed
- c) I get up to sleep

9. ¿Qué significa Turn off?

- a) Encender
- b) suspender
- c) Apagar

10. ¿Cómo se dice ruido y luces?

- a) lights and noise
- b) noise and lights
- c) sound and lights